

Nominate Your Member of the Month

Members, please nominate a member to be our “Member of the Month” by completing the nomination form below. All entries will be reviewed by the RMH Wellness Center team, and we will choose the monthly winners. The Member of the Month will have their fitness story presented in a written monthly feature, on our website, and on our Facebook and Twitter pages so that their story may inspire others just like they inspired you! Winners also receive a Wellness Center goodie bag. In order to be featured, the member must agree to accept the award. The next winner might even be YOU!

Who Would You Like to Nominate?

*First Name: _____

*Last Name: _____

Phone (if known): _____

Email (if known): _____

Your Information:

*First Name: _____

*Last Name: _____

*Phone (if known): _____

*Email (if known): _____

I'd like to remain anonymous (Circle one): Yes No

Why has this member inspired you?

For example:

- *What areas of the facility does he/she utilize: Personal Training, Group Fitness, Strength & Endurance Floor, Aquatics Area, Pilates Studio, Kidz Klub, YES Club, Programs etc.?*
- *What fitness accomplishments has he/she achieved?*
- *Has he/she overcome any obstacles during their fitness journey?*
- *Has he/she seen any noticeable health improvements?*
