

2026 JUNE

GROUP FITNESS SCHEDULE

AQUA

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

2

3

4

5

6

NO AQUA CLASSES
Pool Clean

NO AQUA CLASSES
Pool Clean

NO AQUA CLASSES
Pool Clean

8:15 Aqua Dance
—Carly
9:30 Aqua Deep
—Christina

8:15 Making Waves
—Ally
9:30 Making Waves
—Jill
10:30 Yoqua*
—Carly

8:30 Making Waves
—Melissa
9:30 Yoqua*
—Melissa

8

9

10

11

12

13

8:15 Making Waves
—Melissa
9:30 Making Waves
—Jill
10:30 Gentle Wave*
—Kate
1p Aqua Fit—Jay

8:15 Gentle Wave*
—Kate
9:30 Aqua Deep
—Melissa

8:15 Making Waves
—Jill
9:30 Making Waves
—Christina
10:30 Gentle Wave*
—Kate
1p Aqua Fit—JennaR

8:15 Aqua Dance
—Melissa
9:30 Aqua Deep
—Nancy

8:15 Making Waves
—Nancy
9:30 Making Waves
—Kate
10:30 Yoqua*
—Kate

8:30 Making Waves
—Nancy
9:30 Yoqua*
—Nancy

15

16

17

18

19

20

8:15 Making Waves
—Ally
9:30 Making Waves
—Nancy
10:30 Gentle Wave*
—Carly
1p Aqua Fit—Nancy

8:15 Gentle Wave*
—Kate
9:30 Aqua Deep
—Nancy

8:15 Making Waves
—Carly
9:30 Making Waves
—Nancy
10:30 Gentle Wave*
—Kate
1p Aqua Fit—Gina

8:15 Aqua Dance
—Carly
9:30 Aqua Deep
—Nancy

8:15 Making Waves
—Ally
9:30 Making Waves
—Carly
10:30 Yoqua*
—Carly

8:30 Making Waves
—Kate
9:30 Yoqua*
—Kate

22

23

24

25

26

27

8:15 Making Waves
—Melissa
9:30 Making Waves
—Carly
10:30 Gentle Wave*
—Carly
1p Aqua Fit—Jay

8:15 Gentle Wave*
—Nancy
9:30 Aqua Deep
—Melissa

8:15 Making Waves
—Gina
9:30 Making Waves
—Nancy
10:30 Gentle Wave*
—Kate
1p Aqua Fit—Gina

8:15 Aqua Dance
—Ally
9:30 Aqua Deep
—Christina

8:15 Making Waves
—Ally
9:30 Making Waves
—Kate
10:30 Yoqua*
—Kate

8:30 Making Waves
—Lori
9:30 Yoqua*
—Melissa

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30

8:15 Making Waves
—Melissa
9:30 Making Waves
—Jill
10:30 Gentle Wave*
—Kate
1p Aqua Fit—Gina

8:15 Gentle Wave*
—Kate
9:30 Aqua Deep
—Melissa

*Warm Water Pool

Questions?
Comments...

groupfitness@sentara.com